Conference is endorsed by World Stroke Organization

SREE CHITRA TIRUNAL INSTITUTE FOR MEDICAL SCIENCES AND TECHNOLOGY
THIRUVANANTHAPURAM

NATIONAL CONFERENCE ON COMPREHENSIVE NURSING MANAGEMENT IN STROKE: ONE STEP AHEAD

Date: January 24th and 25th 2015
Venue: IMA HEAD QUARTERS, ANAYARA, TRIVANDRUM

Organised by Nursing Service Division, SCTIMST

Due credit hours will be allotted as per KNMC norms

Session IV: Surgical management
8.30am – 10.45am Neurosurgical intervention in the management of acute ischemic stroke – Dr. Girish Menon, SCTIMST
8.50am – 9.10am Carotid endarterectomy for prevention of stroke – Dr. Ural Kripeshan, SCTIMST
9.10am – 9.30am Case study - Surgical interventions – Mrs. Indira V, SN, SCTIMST
9.30am – 9.50am Management of SAH – Dr. Jayaraman Sudhir, SCTIMST
9.50am – 10.10am Spontaneous Intra Cerebral Hemorrhage management – Dr. Girish Menon, SCTIMST
10.10am – 10.45am Case study – Hemorrhagic Stroke – Mrs. Liji Francis, SN, SCTIMST
10.45am – 11.00am TEA

Session V: Scientific Paper Presentation
11.00am – 1.00pm Scientific paper and Poster presentation
1.00pm – 2.00pm LUNCH

Session VI: Stroke Rehabilitation
2.00pm – 2.40pm Stroke rehabilitation, an overview care giver based rehabilitation – Dr. Jacob George, Prof, PMR, CMC, Vellore
2.20pm – 2.40pm Chronic bed ridden patient - A challenge – Mrs. Suja Raj, SN, SCTIMST

2.40pm – 3.00pm Psycho – Social and Behavioral Management – A Significant Issue – Dr. Arij Prabhakaran, HOD Dept. of Psychiatry, MCH, Trivandrum
3.00pm – 3.30pm Secondary Prevention of Stroke – Doctor's perspective – Dr. P.K. Sylaja, SCTIMST
3.30pm – 4.10pm Case study - Nursing management of acute stroke – Mrs. Swapna S, SN, SCTIMST
4.15pm – 4.30pm DISCUSSION

INAGURATION and CULTURAL PROGRAMME DINNER

Day 2: 25 – 01 – 2016 Sunday

Registration Fee

<table>
<thead>
<tr>
<th>Participants</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Staff</td>
<td>1200</td>
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<tr>
<td>Post graduate students</td>
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NO PAYMENT FOR CANCELLATION

Remittance: Payable to Nursing conference SCTIMST through NEFT Account No. 87292219941, from any bank
IFSC code: SBTR0000029, Medical College, Trivandrum

Enter the UTR number of the payment in the registration form, and send the remittance slip

Presentations: Abstract submission - Up to 15-12-2014
Intimation of Abstract acceptance - 15-01-2015
Abstract form is enclosed
Posters can also be presented for competition

For contact: E-mail: nnsbrokerasing@gmail.com
Phone: 0471-2534261/6161 (Off), 9447800238/158 (Off) Cell: 9129728722

Accommodation

Hotel Emeralds, 750 m from SCTIMST Upto, Rs. 495, 4950/- (Double), 4.5 star
Hotel Gurni Nivas, 550 m from SCTIMST, Rs. 595, 5950/- (Double), 4.5 star
IMA Head Quarters, Anayara, Thiruvananthapuram

Sree Chitra Tirunal Institute for Medical Sciences & Technology, Thiruvananthapuram-695011
Phone: 0471-2441910, 2441911, 2441912, 2441913, 2441914, 2441915, 2441916
Email: sct@scitmed.edu.in, Web site: www.scitmed.edu.in

Due credit hours will be allotted as per KNMC norms
Dear Colleagues,

We are pleased to invite you for the National Conference On Comprehensive Nursing Management in Stroke—one step ahead at IMA head Quarters, Anayara, Thiruvananthapuram, on 24th and 25th January 2015 organised by the Nursing Service Division, under the direction and support of the Division of Comprehensive Stroke Care Programme, SCTIMST.

This conference aims at discussing various aspects in the care of stroke patients, from acute care to discharge planning and home care. Target audience include nurses working in neurology, neuro surgery and stroke care units, nursing students (Post graduates specialising in neuro nursing and Diploma in neuro nursing) and nurse educators.

Objectives:
The participants will be able to—
1. Identify the basic concepts in nursing management of patients with stroke.
2. To introduce the concept of Comprehensive Stroke Care Unit.
3. Incorporate the current critical care guidelines of comprehensive stroke care in reducing the door-to-needle time.
4. Refine critical thinking skills and clinical judgment in identifying the case for interventions, nursing care, rehabilitation and risk care management.
5. To appraise the significance of multidisciplinary team approach in stroke rehabilitation.

PATRONS
1. Dr. Unnikrishnan M, Professor, (Sr. Gr.) CVTS, SCTIMST
2. Dr. Sylaja P N, Addl. Prof., Neurology & In-charge of Comprehensive Stroke Care Programme, SCTIMST
3. Dr. Girish Menon R, Prof: Neuro Surgery, SCTIMST
4. Dr. Jayadevan E R, Asso. Professor, Neuro Intervention Centre, SCTIMST
5. Dr. Manikandan S, Addl. Professor, Neuro Anaesthesia, SCTIMST

ORGANIZING CHAIRPERSONS
Dr. Sudhamani Amma S,
Nursing Officer, SCTIMST
Dr. Saramma P P,
Senior Lecturer in Nursing, SCTIMST

ORGANIZING COMMITTEE
Organizing Secretaries
Ms. Remadevi S, Dy Nursing superintendent (Ag)
Ms. Valsalakumari C, Nursing Supervisor
Ms. Annamma M V, Ward Sister
Ms. Omana C N, Ward Sister
Ms. Claranna George,
In-charge-Nurse, Neuro Intervention Centre

Executive Members
Ms. Thresiamma John, Ward Sister
Ms. Omana John, Ward Sister
Ms. Nirmala M O, Ward Sister
Ms. Chachianna George, Ward Sister
Ms. Sreeca S Kumar, Staff Nurse
Ms. Shiny Biju, Staff Nurse
Mr. Vinod K K, Staff Nurse
Mrs. Suja Raj L, Staff Nurse
Mrs. Shani S D, Staff Nurse

Program Co-ordinator & Treasurer
Ms. Saraswathi Amma. C, Nursing Supervisor

Joint Treasurer
Ms. Laisa Kumar, In-charge-Nurse, Stroke Unit

PROGRAMME
Day 1: 24 – 01 – 2015 Saturday
Session I: Basics of Stroke
7.45 am – 8.30 am
REGISTRATION
8.30 am – 8.50 am
Cerebral circulation and applied aspects –
Dr. Vivek Nambar, Associate Prof., Annitta Institute of Medical Science, Kochi
8.50 am – 9.10 am
Diagnosis of acute stroke and stroke imaging –
Dr. Bobby Varkey, Consultant Neurologist, Aster Medcity, Kochi
9.10 am – 9.30 am
Establishment of Comprehensive stroke care unit –
Mrs. Laisa Kumar, In-Charge Nurse, Stroke Unit, SCTIMST

Session II: Thrombolysis
9.30 am – 9.50 am
Case Study: EMS & how to reduce door to needle time –
Mrs. Shyini Biju, S/N, Stroke Unit, SCTIMST
9.50 am – 10.10 am
NIHSS – Demonstration –

10.10 am – 10.30 am
DISCUSSION –

10.30 am – 11.00 am
TEA

Session III: Medical Management
11.00 am – 11.20 am
Intravenous thrombolysis – Indication, management and complications –
Dr. P N Sylaja, Addl. Prof. Neurology, SCTIMST
11.20 am – 11.40 am
Nursing management of thrombolysis –
Mrs. Rabeeka Sumathy Bal, Professor, CON, CMC, Vellore
11.40 am – 12.00 noon
Mechanical thrombectomy – Indications and management –
Dr. Jayadevan E R, Asso. Prof., Neuro Intervention Centre, SCTIMST
12.00 noon – 12:20 pm
Case presentation on Intravenous thrombolysis –
Mr. Vinod K K, S/N, SCTIMST –
Endovascular thrombolysis –
Mrs. Sreeja S, Kumar, S/N, SCTIMST
12.20 pm – 12.40 pm
Nursing management of raised ICP –
Mrs. Shani S D, S/N, SCTIMST
12.50 pm – 1.00 pm
Cardio embolic stroke –
Dr. Hart Krishnan, S., Addl. Prof. Cardiology, SCTIMST
1.00 pm – 1.15 pm
DISCUSSION –
1.15 pm – 2.00 pm
LUNCH

Session IV: Medical Management
2.00 pm – 2.20 pm
Management of ischemic stroke beyond thrombolysis –
Dr. Sapna Ernst, Sreedharan, Asst. Professor of Neurology, SCTIMST
2.20 pm – 2.40 pm
Nursing management of acute stroke –
Dr. Jayaram Premlakshmi, Nursing Superintendent, CMC, Vellore