National Symposium on Endovascular Interventions in Acute Stroke & Workshop on Transcranial Doppler (TCD) and Carotid Duplex

Date: February 26 - 27, 2015
Organised by: Sree Chitra Tirunal Institute for Medical Sciences & Technology (SCTIMST)
Venue: AMC Auditorium, SCTIMST
Medical College Campus, Trivandrum 695 011, Kerala, INDIA.
Organising Committee

Patron
Dr. Jaganmohan A. Tharakan
Director, SCTIMST, Trivandrum

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Professor & Head, Neurology

Organising Co-Chairman
Dr. Suresh Nair
Dean of Academic Affairs
Professor & Head of Neurosurgery

Organising Secretary
Dr. Abraham Kuruvilla
Professor of Neurology

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Professor & Head of Imaging Sciences and Interventional Radiology

Co-Chair Scientific Committee
Dr. E.R. Jayadevan
Associate Professor
Imaging Sciences and Interventional Radiology

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Dr. Bejoy Thomas
Dr. K. Santhosh Kumar
Dr. C. Sarada
Dr. Sanjeev Thomas
Dr. P.N. Sylaja
Dr. Sapna E. Sreedharan
Dr. Mathew Abraham
Dr. Jayanand Sudhir

NSI Kerala Chapter
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Dr. K. Parameswaran, Secretary

Workshop Convenor
Dr. Sajith Sukumaran
Associate Professor of Neurology

Treasurer, Organising Committee
Dr. Sunitha Robert

Reception & Cultural Committee
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Dr. Krishna Kumar
Dr. George C. Vilanilam

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Dr. Joseph Samuel

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Mr. G. Liji Kumar
Mr. Viji Kumar N.

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Congress Secretariat
Dr. Abraham Kuruvilla
Department of Neurology
SCTIMST, Trivandrum - 695 011
Kerala, INDIA.
Mobile: +91 94471 01615
Email: akuruvilla@doctor4u.com
strokeinterventions2015@gmail.com
Stroke Interventions Symposium & TCD Workshop
Trivandrum 26-27 February 2015

It is indeed extremely gratifying that the Dept. of Neurology of the Institute is organizing
the National Symposium on Endovascular Interventions in Acute Stroke and Workshop
on Trans-cranial Doppler (TCD) and Carotid Duplex on the 26th and 27th of February,
2015. I wish to congratulate the Organizing team on the excellent scientific content and
also the opportunity provided for Hands on Skill development in TCD to the fellows and
the young practicing Neurologists. Not only is it the opportune moment to organize a
symposium on Stroke and its management where newer and more effective treatment strategies are evolving but
also to introduce the young Neurologists in training to a very useful non invasive bed side investigative tool which
can further help prognosticate patients at high risk for adverse neurological events.

Stroke is next only to myocardial infarction and malignancy as one of the commonest debilitating ailments with
significant mortality in the middle aged and the elderly. One out of 7 deaths is attributed to heart attack and one in
twenty is attributed to stroke. Though heart attack is three times commoner, stroke leaves behind far more
morbidity due to residua, leading to high social, financial and societal burden on the care giver family and the
community. The age adjusted incidence of stroke has been on the decline over the past few decades in developed
countries, but we have no such data for India and hence the importance of registries for stroke and other
cardiovascular diseases.

The theme of the symposium is endovascular intervention in stroke. Needless to reiterate, that such treatments
are expensive and stretch the human and infrastructure resources to the limits. Ischemic damage to tissues occur
very rapidly and most patients miss the golden hour from symptom onset and hence miss out on large benefits from
such interventions. At the community level, identifying at high risk population, control of important risk factors like
hypertension, smoking and diabetes and life style change including diet and exercise, which can make significant
impact on retarding atherosclerotic vascular disease process and its consequences, seem the most appropriate and
cost effective strategy. Control of risk factors has uniform benefit across all vascular related diseases be it stroke,
coronary heart disease or aortic and peripheral vascular disease.

Trans cranial Doppler and Carotid Doppler not only give information on blood flow velocity in cranial vessels and
indirectly, the functional state of the arteries, it also provides information on transit of embolic materials in blood. It is
evolving as a very reliable non invasive bedside tool for prediction of athero-embolic stroke and evaluation of acute
stroke.

This two day scientific fiesta will certainly contribute to spread the message of seeking prompt medical help with the
first symptom of stroke so as to reduce the morbidity and mortality from this devastating disease as well as the
preventive strategy of healthy life style and control of risk factors, which is the apt cost effective strategy at the
community level to counter the societal burden of stroke.

I wish this Stroke Interventions Symposium & TCD and Carotid Duplex Workshop all success, and I am convinced
the participants will have gained substantially at the end of the program which will have a positive impact on
management of stroke in the community.

Dr. Jaganmohan A. Tharakan, MD, DM
Director
Sree Chitra Tirunal Institute for Medical Sciences & Technology
Thiruvananthapuram-695011, Kerala, India.
Phone: + 91 471 2443085, Fax: + 91 471 2446433
Website: http://www.sctimst.ac.in

Message - Director (SCTIMST)
It gives us immense pleasure to invite you for the National Symposium on Endovascular Interventions in Acute Stroke & Workshop on Transcranial Doppler (TCD) and Carotid Duplex to be held at Sree Chitra Tirunal Institute for Medical Sciences & Technology (SCTIMST), Trivandrum, Kerala, India from 26-27 February 2015. This symposium and workshop is organised as a pre-congress event to the Annual Conference of The Neurological Society of India - Kerala Chapter (NSIKC) to be held at Mascot Hotel, Trivandrum (http://www.nsiikctrivandrum2015.com) from 28th February to 01 March 2015. Stroke is the second leading cause of death globally. In addition, stroke is one of the leading causes of long-term adult disability and premature death in India. India, as a developing nation, is facing double burden when compared to the West. Globally, someone suffers a stroke every other second regardless of age or gender and, every six seconds, stroke claims a life. The Institute looks forward to this event as of great significance in promoting awareness and hands-on training on advances in management of stroke and research for the betterment of the patients afflicted with this disabling disease.

In addition to the Stroke Intervention Symposium, the highlight of this program will be the hands-on training in Transcranial Doppler and Carotid Duplex by the International Faculty Dr. Vijay K. Sharma from Singapore.

Geographically, Kerala, popularly known as “God’s Own Country” is an exotic mixture of nature's very best and, today, Kerala is a traveler’s paradise. Rich in its traditional values and art and progressive regarding hospitality, accommodation and communication, its natural charm is supplemented by its friendly people. Indeed, Kerala is a special experience for every visitor and this Symposium and Workshop will be coupled with a memorable cultural program on the inaugural evening.

We welcome you to Trivandrum, the capital city of Kerala, South India, a vibrant city with full of life. The weather would be pleasant during January-February and, the venue would provide a special ambience for this event.

Dr. Muralidharan Nair
Professor & Head of Neurology
SCTIMST, Trivandrum -695011
Organising Chairman
NSIKC Trivandrum 2015
Mobile: +91 94475 53506

Dr. Abraham Kuruvilla
Professor of Neurology
SCTIMST, Trivandrum -695011
Organising Secretary
NSIKC Trivandrum 2015
Mobile: +91 94471 01615

Symposium Highlights
(First Day 26 February 2015)

- Intervventional stroke therapy (Intra-arterial)
- Intracranial stenting
- Aneurysm management beyond clips & coils
- “GOLD” in the Golden Hour- a new paradigm
- Advances in reperfusion therapies
- Sonothrombolysis
- Hemodynamics of Acute Stroke
- Clinical applications of Cerebrovascular Ultrasound

TCD & Carotid Duplex Workshop
(Second Day 27 February 2015)

Forenoon Session will cover the theoretical aspects on Applied physics of US Imaging and fluid dynamics, Normal doppler waveform recognition and Scanning protocols for TCD and Carotid duplex

The afternoon session will be the hands-on training at various stations.
# National Symposium On Endovascular Interventions In Acute Stroke
## Scientific Program

**Day 1: 26 February 2015**

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<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Speakers</th>
<th>Chairperson</th>
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<tbody>
<tr>
<td>07:30 to 08:30</td>
<td>Registration</td>
<td>Dr. Jaganmohan A. Tharakan, Director,</td>
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<td>SCTIMST</td>
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<td>08:30 – 08:40</td>
<td>Welcome Address</td>
<td>Dr. Abraham Kuruvilla</td>
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<td>Dr. Vikram Huded</td>
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<td>Dr. Mathew Abraham</td>
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<td>08:45 – 9:30</td>
<td>Interventional Stroke Therapy: Trials and Tribulations</td>
<td>Dr. Andrew R. Xavier</td>
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<td>Dr. Sylaja P N</td>
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<td>Dr. S. Raghavendra</td>
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<td>Dr. K. Parameswaran</td>
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<td>09:35-10:15</td>
<td>Latest advances on reperfusion therapies (including sonothrombolysis)</td>
<td>Dr. Vijay K. Sharma</td>
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<td>Dr. Mohan Lal D</td>
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<td>10:15-10:45</td>
<td>Intracranial stenting: Is there light at the end of the tunnel?</td>
<td>Dr. Andrew R. Xavier</td>
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<td>Dr. Santhosh Joseph</td>
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<td>Dr. Jayadevan E R</td>
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<td>10:50-11:00</td>
<td><strong>TEA BREAK</strong></td>
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<td>11:00 – 11:30</td>
<td>Endovascular revascularization in acute stroke: Indian Experience</td>
<td>Dr. Shaktir Husain, Director,</td>
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<td>Interventional Neurology &amp; Stroke Program,</td>
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<td>Sakot City Hospital, New Delhi</td>
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<td>Dr. Manmohan Mehndiratta</td>
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<td>Dr. Rajiv Thomas</td>
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<td>Dr. Mohan Lal D</td>
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<td>11:35-12:20</td>
<td>Aneurysm management beyond clips and coils</td>
<td>Dr. Andrew R. Xavier</td>
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<td>Dr. Suresh Nair</td>
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<td>Dr. A K Gupta</td>
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<td>Dr. Mathew Abraham</td>
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<td>12:25-12:55</td>
<td>Understanding hemodynamics of Ischemic Stroke: Reversed Robin Hood Syndrome</td>
<td>Dr. Vijay K. Sharma</td>
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<td>Dr. Padma Srivastava</td>
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<td>Dr. Muralicharan Nair</td>
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<td>Dr. Thomas Chemmaram</td>
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<td>13:00 – 13:30</td>
<td>Gold in the Golden Hour - A New Paradigm for Ischaemic Stroke</td>
<td>Dr. Celestine Santosh</td>
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<td>Dr. Sunil Narayan</td>
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<td>Dr. C Kesavadas</td>
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<td>13:40</td>
<td><strong>LUNCH</strong></td>
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<td>15:30 – 16:45</td>
<td><strong>Inaugural Ceremony</strong></td>
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<td>19:30 Onwards</td>
<td><strong>GALA DINNER with Cultural Bonanza</strong></td>
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# TCD and Carotid Duplex Workshop - Scientific Program

**Day 2: 27 February 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Speakers</th>
<th>Chairpersons</th>
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<tbody>
<tr>
<td>08:30 – 12:30</td>
<td><strong>Theory</strong></td>
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<tr>
<td>08:30 – 09:30</td>
<td>Applied physics of US Imaging and fluid dynamics</td>
<td>Dr. Vijay K. Sharma</td>
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<td>Dr. Kapilamourthy T R</td>
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<td>Dr. Giga Kuruttukulam</td>
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<td>Time</td>
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<td>09:35 – 10:20</td>
<td>Normal doppler waveform recognition</td>
<td>Dr. Vijay K Sharma</td>
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<td>Dr. Sajith S</td>
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<td>Dr. Bobby Varkey</td>
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<td>10:25-11:25</td>
<td>Scanning protocols for TCD and Carotid duplex</td>
<td>Dr. Vijay K Sharma</td>
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<td>Dr. Sanjith Aaron</td>
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<td>Dr. Methil Pradeep</td>
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<td>11:30-12:30</td>
<td>Clinical applications of Cerebrovascular Ultrasound</td>
<td>Dr. Vijay K Sharma</td>
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<td>Dr. Lokesh Bathala</td>
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<td>Dr. Santhosh Kumar K</td>
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<td>12:13:30</td>
<td>LUNCH</td>
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<td>13:30 – 16:30</td>
<td>Hands-on Workshop TCD &amp; Carotid Duplex (rotating groups between stations)</td>
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<td>16:30 to 17:00</td>
<td>Valedictory Function</td>
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**International Speakers**

**Dr. Andrew R. Xavier**  
Director, Neuroendovascular Service  
Wayne State University School of Medicine  
Detroit Medical Center, Detroit, Michigan, USA

**Dr. Celestine Santosh**  
Consultant Neuroradiologist  
Institute of Neurological Sciences  
Southern General Hospital, Glasgow, United Kingdom

**Dr. Vijay K. Sharma**  
Senior Consultant in Neurology  
Yong Loo Lin School of Medicine  
National University of Singapore, Singapore
Registration Fees

All Indian Delegates including Trainees: INR 3000
   Accompanying person: INR 2000

Delegates from SAARC Countries: US $ 75

Other International Delegates: US $ 100
   Accompanying person - SAARC & Other International: US $ 75

Online registration is also available at
www.strokeinterventionstvm2015.com

Mode of Payment

Pay by DD/ At Par Multi City Cheque or NEFT to
"Stroke Interventions Trivandrum 2015"

Tear off the registration from this brochure OR
Download the Registration Form from the Web site: http://strokeinterventionstvm2015.com

Or
make NEFT Transfer to Stroke Interventions Trivandrum 2015 A/c
and fill online registration form with NEFT details

Electronic Payment through Bank Transfer
(Kindly mention the Transaction Reference Number on the Registration Form)

Account Details

Account name: “Stroke Interventions Trivandrum 2015"
Savings Bank Account No: 67302386449
Bank Name: State Bank of Travancore, Medical College, Trivandrum - 695 011
Bank IFSC Code - SBTR0000029
Bank Branch Code - 70029
SWIFT Code - SBTRINBBFFED
BANK E MAIL ID - mctrivandrum@sbt.co.in

You can also snail mail
the completed Registration Form with payment cheque or DD / electronic payment details to the

Conference Secretariat
Dr. Abraham Kuruvilla
Department of Neurology
SCTIMST, Trivandrum - 695 011, Kerala, INDIA.
Mobile: +91 94471 01615
Kerala Packages

TRIVANDRUM - KOVALAM (DAY TRIP)

Inclusive:
- Sree Padmanabhaswamy temple is a Hindu temple dedicated to Lord Vishnu located in Thiruvananthapuram, India.
- The Shanumugham beach is on the western side of Thiruvananthapuram city and very near to Trivandrum International Airport.
- Kovalam is a beach town by the Arabian Sea in Thiruvananthapuram city, Kerala, India, located around 16 km from the city.
- Museum The Napier Museum is an art and natural history museum situated in Trivandrum.

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TRIVANDRUM- KANYAKUMARI (DAY TRIP)

Inclusive:
Pick from Trivandrum & proceed to kanyakumari covering the places of kanyakumari Devi temple, Padmanabhapuram Palace, Thirparappu Falls, Vivekananda rock, Thanumalayan temple, Thiruvalluvar Statue in evening saw the sunset in kanyakumari back to Trivandrum.
- Vivekananda Rock Memorial is a monument and it is a popular tourist attraction in Vavathurai, Kanyakumari, India. The memorial stands on one of two rocks located about 500 meters east off mainland of Vavathurai, India’s southernmost tip.
- Padmanabhapuram Palace is located in at Padmanabhapuram Fort, close to the town of Thuckalay in Kanyakumari District, Tamilnadu, in India. It is about 20 km from Nagercoil, and about 50 kilometers from Thiruvananthapuram.
- The Thiruvalluvar Statue is a 133 feet tall stone sculpture of the Tamil poet and saint Tiruvalluvar, author of the Thirukkural.
- The Thanumalayan Temple, also called Sthanumalayan TempleTamil.

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*The Thanumalayan Temple, also called Sthanumalayan TempleTamil.
**ALLEPPEY**

In Kerala, the total expanse of backwater stretches over 1500 kms, with a network of 44 rivers, lagoons and lakes from north to south. Alleppey which forms the main part of this network has the peculiar geographical feature of having the water in level with the land. This gives the advantage of getting a closer look at the village life on shore while on a backwater ride.

**TRIVANDRUM-ALLEPPEY -TRIVANDRUM**

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<tr>
<td><strong>DAY CRUISE</strong></td>
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<td><em>Lunch with non-veg, evening tea with snacks.</em></td>
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<td><em>Transportations from Trivandrum alleppey Trivandrum</em></td>
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<td><em>Lunch with non-veg, evening tea with snacks, dinner &amp; breakfast.</em></td>
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<td><em>Transportations from Trivandrum alleppey-trivandrum</em></td>
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**MUNNAR**

- Munnar is a town in the southwestern state of Kerala, India. Munnar is situated around 1600 m above sea level, in the Western Ghats range of mountains and is a hill station.
- Munnar town is situated on the Kannan Devan Hills village in Devikulam taluk and is the largest panchayat in the Idukki district.

**OPTION 01:**

**TRIVANDRUM MUNNAR-TRIVANDRUM (02 NIGHTS STAY)**

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<td><em>02 night accommodation in 3star hotel with breakfast, dinner.</em></td>
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**OPTION 02**

**TRIVANDRUM MUNNAR-COCHIN**

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<td><strong>INCLUSIVE</strong></td>
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<td><em>02 night accommodation in 3star hotel with breakfast, dinner.</em></td>
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<td><em>01 night accommodation in 3star hotel with breakfast.</em></td>
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<td><em>Pick from Trivandrum drop at cochin airport or Railway station.</em></td>
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<td><strong>COCHIN ATTRACTIONS</strong></td>
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<td><em>01 day sightseeing covering the places marine drive, St.Francis Church, Jewish synagogue, Chinese fishing net.</em></td>
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# National Symposium on Endovascular Interventions in Acute Stroke & Workshop on Transcranial Doppler (TCD) and Carotid Duplex

Venue: Sree Chitra Tirunal Institute for Medical Sciences & Technology (SCTIMST), Trivandrum, Kerala, India | Date: 26-27 February 2015

## Registration Form

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SCTIMST  
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