World Stroke Day 2017
State level conference on
Comprehensive Nursing Management of Stroke

Organised by
Sree Chitra Tirunal Institute for Medical Sciences and Technology
Thiruvananthapuram
&
Noncommunicable Diseases Division
Kerala State Health Services

Date: 29. 10. 2017 | Time: 8.00 am to 4.30 pm
Venue: Achutha Menon Centre Auditorium, SCTIMST
Dear Colleagues

We are pleased to invite you for the 'State level conference on Comprehensive Nursing Management of Stroke' at SCTIMST, AMC Auditorium on 29/10/2017 organised by the Nursing service division of SCTIMST, under the direction and support of NCD Kerala and Comprehensive Stroke Care Programme, SCTIMST Thiruvananthapuram.

The conference aims at discussing various aspects in the care of stroke patients, from acute care to discharge planning and home care. Target audience include nurses working in neurology, neurosurgery and stroke care units, nursing students of undergraduate and post graduate programme in neurology and nurse educators.

The participants will be able to:
1. Identify the basic concepts in nursing management of patients with stroke.
2. Incorporate the current critical care guidelines of comprehensive stroke care in reducing the door-to-needle time
3. Refine critical thinking skills and clinical judgement in identifying the case for interventions, nursing care, rehabilitation and risk care management.

Patron:
Dr. Sylaja. P. N, Prof. Neurology

Organising committee:
Mrs. Saraswathiamma. C
Dy. Nursing Superintendent
Mrs. Thresiamma John, Nursing Supervisor
Mrs. Gracyamma Bridget, Nursing Supervisor
Mrs. Omana . C. N, Ward Sister
Mrs. Susamma Mathew, Ward Sister
Mrs. Sudha. K. N, Ward Sister
Mrs. Sudhramani. P, Ward Sister
Mrs. Shani. S. D, Ward Sister

Organising Chair person:
Mrs. Valsala kumari. C, Nursing Officer
Dr. Saramma. P. P, Senior Lecturer in Nursing

Organising Secretary:
Mrs. Padmaja Devi. S. S, Nursing Supervisor

Treasurer:
Mrs. Sara Sherfy George, Ward Sister
Mrs. Laisa Kumar, Nurse Incharge, Stroke unit
8.00 - 8.30am : Registration
8.30 - 8.45am : Pre Test

**Session - I**

8.45 - 9.05am : Diagnosis and Imaging of Stroke
Dr. Sapna Erat Sreedharan, Asso. Professor of Neurology

9.05 - 9.20am : Establishment of Comprehensive stroke care unit
Ms. Laisa Kumar, Sr. Staff Nurse & I/C Stroke Unit

9.20 - 9.40am : Intravenous thrombolytic therapy: Selection of Patients
Dr. Sylaja. P. N, Professor, Neurology

9.40 - 9.50am : Nursing management of patients undergoing thrombolysis
Mr. Lalu Joy, Staff Nurse – A

9.50 - 10.00am : Case Study: EMS & How to reduce Door to Needle Time
Ms. Shiny Biju, Sr. Staff Nurse, & ICN

10.00 - 10.20am : Inauguration
10.20 - 10.40am : Tea

**Session - II**

10.40 - 11.00am : Mechanical thrombectomy: Indications and management
Dr. Jayadevan. E. R, Asso. Professor, IS&IR

11.00 - 11.10am : Case presentation on IV, IA thrombolysis
Mr. Anish Kumar. M, Staff Nurse - A

11.10 - 11.30am : Cardio embolic Strokes
Dr. Abhilash. S, P, Asso. Professor, Cardiology

11.30 - 11.40am : Case presentation: Cardio embolic Stroke
Ms. Suja Raj. L, Staff Nurse - B

11.40 - 12.00pm : Management of ischemic stroke patients in stroke unit
Dr. Sylaja. P N, Professor, Neurology

12.00 - 12.10pm : Nursing management of haemorrhagic stroke patients
Ms. Padma Debi. S. S, Sr. Nursing Supervisor

12.10 - 12.30pm : ICU Management of acute Stroke: Anesthetist's Perspective
Dr. Manikandan. S, Professor, Anesthesiology

12.30 - 12.40pm : Nursing skills in caring stroke patients with ventilator support
Ms. Ambili. K, Staff Nurse - A

12.40 - 12.55pm : Management of Hypertension & Hyperglycemia in acute stroke
Dr. Arun. K, Postdoctoral fellow in stroke, Neurology

12.55 - 1.10pm : Dysphagia Management in Stroke

01.10 - 2.00pm : Lunch
Session - III

2.00 - 2.20pm : Management of Intra Cerebral Haemorrhage
Dr. Mathew Abraham, Professor of Neuro Surgery

2.20 - 2.30pm : Case study- Hemorrhagic Stroke
Ms. Shani. S. D, Ward Sister

2.30 - 2.50pm : Carotid revascularization for prevention of stroke
Dr. Sreekumar. R. C, Addl. Professor of CVTS

2.50 - 3.05pm : Stroke Rehabilitation: Nurses' role
Mr. Amal. M. G, Physiotherapist

3.05 - 3.25pm : Secondary prevention of stroke
Dr. Thomas lype, Professor & HOD, Neurology, MCH

3.25 - 3.35pm : Discharge Planning
Mrs. Laiza Kumar, In charge, Stroke unit

3.40 - 3.55pm : Post Test

3.55 - 4.20pm : Panel discussion

4.20 - 4.30 pm : Valedictory

Registration

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Remittance cash/DD/cheque/ payable through NEFT to nursingconference SCTIMST, SBI, A/C no: 67292219941, IFSC: SBIN0070029, Medical college, Thiruvananthapuram- 11

Contact

Email: nursingconference@gmail.com
Mob: 9447900233, 9495406387, Tel: 0471 2524616, 0471 2524360 (Contact time: 8am to 4pm)

Due credit hours will be allotted as per KNMC norms