

Workshop on Polysomnography

*For 50 participants only
Registration will close by July 15th,
No Spot Registrations
Date and time: 26th July 2014, 2 PM-5 PM
Preference to Postgraduate trainees in Neurology,
Respiratory medicine and Neurotechnology students.
No registration fees*

POLYSOMNOGRAPHY WORKSHOP AND SLEEP MEDICINE CME

26 & 27 July, 2014

CME on Sleep Medicine

*Date and time: 27th July 2014, 9 AM- 5 PM
Registration fee: Consultants -Rs.500/-
Postgraduate trainees and Technicians- Rs.250/-*

Venue

Achutha Menon Centre for Health Science Studies
Sree Chitra Tirunal Institute for Medical Sciences and Technology,
Trivandrum

For registrations / academic information please contact

*Dr Sapna Erat Sreedharan
Assistant Professor
Neurology, SCTIMST
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Phone: 9497654347*

For transportation assistance and in-house hospitality

*Mr J P Unnikrishnan
Social worker cum Program co-ordinator
CCSD
Phone :9496257194*



Organized by

**Department of Neurology,
Comprehensive Center for Sleep Disorders (CCSD)
Sree Chitra Tirunal Institute for
Medical Sciences and Technology, Trivandrum**



INVITATION

The Comprehensive Center For Sleep Disorders, Department of Neurology, SCTIMST is organizing a one and half day Workshop on Polysomnography and a CME on Sleep Disorders on 26th and 27th July 2014. The half day PSG workshop, mainly intended for Postgraduate trainees in Neurology, Respiratory medicine and Neurotechnologists aims to equip them with skills in scoring and interpreting sleep studies-including overnight PSG, PAP titration and special tests like multiple sleep latency test.

One day CME, covering wide range of topics including obstructive sleep apnea and its therapy, sleep disorders in neurological and respiratory illness as well as recent advances on primary sleep disorders aims to update Neurologists, General and Respiratory physicians and Psychiatrists about the subject since sleep medicine is still an evolving branch of science in India and even world-over.

We hope our selection of topics dealt by speakers who have vast experience in the field will enhance your understanding of sleep medicine, leading to better recognition and management of these disorders.

TOPIC HIGHLIGHTS

Day 1-PSG Workshop

PSG:When to order,scoring, PAP titration,
Special studies like MSLT
Hands-on training in scoring for the participants

Day 2-Sleep Medicine CME

Setting up of Comprehensive Center for Sleep Disorders

OSA-diagnosis, management-PAP therapy and non-PAP techniques

Debate:Pros and Cons of Home versus Lab PSG
Sleep and respiratory diseases-Obstructive airway disease, devices and interfaces for optimizing nocturnal ventilation
Cardiovascular health and sleep disorders
Disorders of hypersomnolence, sleep related movement disorders and insomnia
Sleep and neurology-with emphasis on epilepsy, cognition, neuromuscular diseases, stroke and Parkinsonism

Dr Muraleedharan Nair
Organising Chairman

Dr Ashalatha Radhakrishnan
Co-Organizing Chairman

Dr Sapna Erat Sreedharan
Organizing Secretary

OUR SPEAKERS

Prof M.D Nair

Prof Sanjeev V Thomas

Dr Narayanan Namboodiri

Dr Ashalatha Radhakrishnan

Dr Sapna Erat Sreedharan

Dr Sajith S

Dr Syam K Nair

Dr Ramshekhar Menon

Dr Siby Gopinath

Dr Pragati Agrawal

Dr Fathahudeen

Dr Arjun P

Dr Jayaprakash B

Dr Arun B Nair

Dr Ameer K A

