REGISTRATION

The workshop is open for registered participants only. In order to register please contact:

Mr. B Ratheesh (MSW)
Comprehensive Stroke Care Unit, SCTIMST
Phone: 9995388813
E-mail: ratheesh9msw@gmail.com

or

Mr. M G Amal (Physiotherapist)
Comprehensive Stroke Care Unit, SCTIMST
Phone: 9447276790
E-mail: amalmgpt@yahoo.co.in

Registration will close by 10/07/2012

The fee for participation is Rs. 400/- and is payable on-the-spot at the venue of workshop.
Dear Colleagues,

Stroke is a major cause of long term disability.

In order for rehabilitation to be successful, patients must receive good quality physiotherapy. The physiotherapy in the post-acute setting must be problem oriented and to some extent tailored to the needs of the patient. The physiotherapist should also help the caregivers to participate in the therapy and to understand why these exercises are being done.

**Aims of the workshop**

This one-day workshop on Post-hospital Stroke Physiotherapy will help practising physiotherapists:

1. To improve knowledge on the types, patterns and prognosis of stroke survivors.
2. To gain information on various physiotherapeutic measures, assessments of new problems and the needed interventions.
3. To understand appropriate standardized physiotherapy practices relevant to stroke.

**Who should attend?**

The workshop is open for graduate physiotherapists who are in practice for at least a year and interested in working with stroke survivors.

**Dr. U. Nandakumaran Nair**
Visiting Professor, (PMR)

**Dr. P.N. Sylaja, MD, DM**
Additional Professor Neurology

**Session-I Theory and Practice**

1. **Stroke Burden - Challenges**
   - Dr. P.N. Sylaja
   - Additional Professor
   - 10:00 am

2. **Living with Stroke**
   - Dr. Sajith Sukumaran
   - Assistant Professor
   - 10:30 am

3. **Exercise Protocol**
   - Mr. M.G. Amal
   - Physiotherapist
   - 11:00 am

4. **Occupational Therapy**
   - Mrs. Nisha Praveen
   - Occupational Therapist
   - 11:20 am

5. **Constraint induced movement therapy**
   - Dr. U. Nandakumaran Nair
   - Visiting Professor
   - 11:40 am

**Session-II**

1. **Assessment scales**
   - Mr. Fayaz Khan
   - Phd. Fellow
   - 12:00 noon

2. **Rehab. Alerts**
   - Dr. U. Nandakumaran Nair &
   - Mr. M.G. Amal
   - 12:20 pm

3. **Q & A**
   - 12:40 pm

**Lunch**
- 01:00 pm to 02:00 pm

**Session-III Visits**

1. **Visits to Stroke Unit and PMR**
   - 02:00 to 03:00 pm

2. **Post-test**
   - 03:00 pm to 03:30 pm

3. **Valedictory**
   - 03:30 pm to 03:45 pm

**Tea**
- 03:45 pm to 04:00 pm