Super EMG India 2018

International EMG/SFEMG/QEMG Workshop and Neuromuscular Symposium

Date: 23-25 March 2018
(Friday- Sunday)

Venue: AMC Auditorium, Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum 695 011, India
Organising Chairman
Dr. Muralidharan Nair
Professor (Sr. Grade) & Head, Neurology

Organising Secretary
Dr. Abraham Kuruvilla
Professor of Neurology

Workshop Convenor
Dr. Sruthi S. Nair

Treasurer
Dr. Vineetha V.S.

Registration & Reception
Dr. Ashalatha. R
Dr. Sapna Erat Sreedharan

Audio-Visuals
Dr. Sajith Sukumaran
Mr. P. Ganesh
Ms. S. Vasanthi
Mr. G. Liji Kumar
Mr. N. Vij Kumar

Hospitality & Transportation
Dr. K. Syam
Dr. Soumya Sundaram

Food & Beverage
Dr. P. N. Sylaja
Dr. Ramshekar Menon

Spouse’s Program
Dr. Divya. K.P.

Other Logistics
Dr. Ajith Cherian
Dr. G. Geetha
Mr. K. S. Saji
Mr. Koruthu Varghese
Mr. Manoj G.S.
Mr. Hemant Kumar

Organising Committee

Scientific Advisors
Dr. M. Gourie Devi
Dr. Sanjeev Thomas
Dr. Thomas Iype
Dr. Mathew Abraham
Dr. Anand Kumar
Dr. M. Madhusudanan
Dr. P. C. Gilvaz
Dr. James Jose
Dr. C. V. Shaji
Dr. Jacob George
Dr. Mathew Alexander
Dr. Suresh Nair
Dr. Nandakumaran Nair
Dr. Mohammed Kunju
Dr. K. N. Shyam Prasad
Dr. Suresh Chandran
Dr. Gagandeep Singh
Dr. Raj S. Chandran

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Ms. Sreema M.S.

superemgindia@gmail.com
Congress Web Site: www.superemgindia.com
It is indeed a great pleasure that the Department of Neurology of our Institute is organising an International workshop on Electromyography, Single Fibre EMG and Quantitative EMG along with a Neuromuscular Symposium from 23-25 March 2018 at the Achutha Menon Centre Auditorium at Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum, India. I congratulate the Organising Team for the excellent scientific content and the opportunity for skill development for the Residents, Fellows and Neurologists across the country. Electrophysiology has developed in a remarkable fashion over the last few decades from an era of rudimentary equipment in the 1970’s. From an era when filters had to be set up manually for each patient as well as for each test, the specialty and the technology have grown astronomically with compact, microchip-based highly accurate equipments with changeable gains and filter settings by the touch of a button. Over the years, there has been an explosion of knowledge in the field of EMG and Clinical Neurophysiology. EMG is one of the most versatile tests which help to clarify the diagnosis of an obscure neuromuscular disorder. EMG is best considered as an extension of clinical neurological examination.

I am confident that this three day scientific fiesta with world renowned faculty in their respective fields will certainly contribute to spread the technical and scientific knowledge in the field of clinical neurophysiology and EMG. I wish this Workshop & Symposium a grand success and, I am sure that the participants will have gained substantially at the conclusion of the program, thereby creating a positive impact on management of neuromuscular diseases in the country.

Dr. Asha Kishore MD, DM
Director
Sree Chitra Tirunal Institute for Medical Sciences & Technology
Thiruvananthapuram-695 011, Kerala, India.
Phone: + 91 471 2443085, Fax: + 91 471 2446433
Website: http://www.sctimst.ac.in
WELCOME MESSAGE

It gives us immense pleasure to invite you for the SUPER EMG INDIA 2018 - International EMG/SFEMG/QEMG Workshop and Neuromuscular Symposium to be held at Sree Chitra Tirunal Institute for Medical Sciences & Technology, Trivandrum, Kerala, India from 23-25, March 2018. Over the past several years, there has been an explosion of knowledge in the field of EMG and Clinical Neurophysiology. As a result, we know a great deal about the neuropsychiological findings in many diseases involving the peripheral nervous system. In the day-to-day practice of clinical neurology, EMG and clinical neurophysiology can be of enormous help in diagnosis and treatment. Indeed EMG is considered as the single most useful and versatile test to shed light on an obscure neuromuscular problem and is second only to the neurological examination. The Scientific Program consists of three days of intensive and comprehensive educational sessions on electrical aspects of neuromuscular diseases coupled with hands-on workshops by the leading International experts in the field of Electromyography and Clinical Neurophysiology. In addition to routine EMG, advanced EMG techniques like SFEMG, QEMG etc will be demonstrated during the workshop. The Institute looks forward to this event as of great significance in promoting Clinical Electromyography and hands-on training on advances in EMG and Clinical Neurophysiology for the betterment of the patients afflicted with various neuromuscular diseases.

In addition to the various electrophysiological aspects of Neuromuscular Disease, the highlight of this program will be the hands-on training in Nerve Conduction Study, EMG, SFEMG, QEMG and Chemodenervation (EMG-guided Botulinum Toxin Therapy) by the International Faculty members.

Geographically, Kerala, popularly known as “God’s Own Country”, is an exotic mixture of nature’s very best and today, Kerala is a traveller’s paradise. Rich in its traditional values and art and progressive regarding hospitality, accommodation and communication, its natural charm is supplemented by its friendly people. Indeed, Kerala is special experience for every visitor and this Symposium and Workshop will be coupled with a memorable cultural program on the inaugural evening.

We welcome you to Trivandrum, the capital city of Kerala, a vibrant city full of life. The weather would be pleasant during March and, the venue would provide a special ambience for this event.

Dr. Muralidharan Nair MD,DM
Professor (Sr.Graded) & Head of Neurology, SCTIMST
Organising Chairman

Dr. Abraham Kuruvilla MD, FRCP Edin
Diplomate-American Board (Neurology)
Diplomate-American Board (Vascular Neurology-Stroke, CL/NPh Neuromuscular Medicine)
Professor of Neurology, SCTIMST
Organising Secretary
Symposium on Electrophysiology of Neuromuscular Disease

1) Physiology of nerve conduction studies and waveform analysis
2) Clinical and EDX assessments of mononeuropathy and polynеuropathy
3) Differential diagnosis of facial palsy and hemifacial spasm
4) Motor neuron disease and Awaji criteria for ALS
5) EMG including visual analyses of MUPs and clinical utility of SFEMG
6) Strategies, planning of the consultation and reporting
7) Ulnar neuropathies
8) Brachial plexopathies
9) Focal peripheral neuropathies
10) Real and fictitious entrapment neuropathies - lessons from Nordic mythology
11) EMG effects of botulinum toxin

Workshop Highlights

1) Motor nerve conduction studies including F-wave analysis
2) Sensory nerve conduction studies including inching techniques
3) Human reflexes including blink and H-reflex.
4) Basic Principles of SFEMG
5) Jitter measurements
6) Fiber density measures
7) Jitter in MG and LEMs
8) Chemodenervation (EMG-guided Botulinum Toxin therapy)
9) QEMG, MUNE and Repetitive Stimulation
10) Special Neurography Techniques
International Faculty

Jun Kimura, MD
Professor Emeritus of Neurology
University of Iowa Hospitals and Clinics, Iowa City, IA, USA
and Kyoto University School of Medicine, Kyoto, Japan

Janice Massey, MD
Professor and Vice Chair
Department of Neurology, Duke University Medical Center
Durham, North Carolina, USA

Bjorn Falck, MD, Ph.D.
Senior Consultant
Associate Professor of Clinical Neurophysiology
Department of Clinical Neurophysiology
University Hospital, S-75185, Uppsala, Sweden

Sanjeev Nandedkar, Ph.D.
Clinical Application Specialist
Natus Neurology, USA
# Super EMG India 2018

## Scientific program

### Day 1: Friday 23 March 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:30 – 08:30</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>08:30 – 08:40</td>
<td>Welcome</td>
<td></td>
</tr>
<tr>
<td>08:45 - 9:30</td>
<td>Physiology of nerve conduction studies and waveform analysis</td>
<td>Dr. Jun Kimura</td>
</tr>
<tr>
<td>09:30-10:15</td>
<td>Strategies, planning of the consultation and reporting</td>
<td>Dr. Bjorn Falck</td>
</tr>
<tr>
<td>10:15-10:30</td>
<td>TEA BREAK</td>
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</tr>
<tr>
<td>10:30 -11:30</td>
<td>Workshop: Motor nerve conduction studies including F-wave analysis</td>
<td>Dr. Jun Kimura Dr. Sanjeev Nandedkar</td>
</tr>
<tr>
<td>11:30-12:30</td>
<td>Workshop: Sensory nerve conduction studies including inching techniques</td>
<td>Dr. Jun Kimura Dr. Sanjeev Nandedkar</td>
</tr>
<tr>
<td>12:30 - 13:00</td>
<td>Motor neuron disease and Awaji criteria for ALS</td>
<td>Dr. Jun Kimura</td>
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<tr>
<td>13:05-13:10</td>
<td>Group Photo (In front of AMC Foyer)</td>
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<tr>
<td>13:10 – 14:10</td>
<td>LUNCH</td>
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<tr>
<td>14:15 - 15:30</td>
<td>Workshop: Unusual neurography and special neurography techniques</td>
<td>Dr. Bjorn Falck</td>
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<tr>
<td></td>
<td>TEA BREAK</td>
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<tr>
<td>16:30 - 17:30</td>
<td>Inaugural Ceremony</td>
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<td></td>
<td>Presentation of Life Time Achievement Award to Dr. M. Gourie-Devi</td>
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<tr>
<td>17:30 – 18:30</td>
<td>Cultural Bonanza</td>
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<tr>
<td>19:45 Onwards</td>
<td>BANQUET DINNER</td>
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### Day 2: Saturday 24 March 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>08:30 – 09:10</td>
<td>Repetitive nerve stimulation</td>
<td>Dr. Sanjeev Nandedkar</td>
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<tr>
<td>09:15 – 09:45</td>
<td>Basic principles of SFEMG</td>
<td>Dr. Janice Massey</td>
</tr>
<tr>
<td>09:50-10:20</td>
<td>Jitter measurements and fiber density measures</td>
<td>Dr. Janice Massey</td>
</tr>
<tr>
<td>Time</td>
<td>Topics</td>
<td>Speakers</td>
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<tr>
<td>8:30 – 09:10</td>
<td>Focal peripheral neuropathies</td>
<td>Dr. Bjorn Falck</td>
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<tr>
<td>09:15 – 09:45</td>
<td>Clinical and electrodiagnostic assessments of mononeuropathy and polyneuropathy</td>
<td>Dr. Jun Kimura</td>
</tr>
<tr>
<td>09:50-10:20</td>
<td>Ulnar neuropathies</td>
<td>Dr. Bjorn Falck</td>
</tr>
<tr>
<td>10:25-10:40</td>
<td>TEA BREAK</td>
<td></td>
</tr>
<tr>
<td>10:45 – 11:15</td>
<td>Real and fictitious entrapment neuropathies – lessons from Nordic mythology</td>
<td>Dr. Bjorn Falck</td>
</tr>
<tr>
<td>11:15 – 13:20</td>
<td>QEMG and MUNE (including workshop)</td>
<td>Dr. Sanjeev Nandedkar</td>
</tr>
<tr>
<td>13:25 – 14:25</td>
<td>LUNCH</td>
<td></td>
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<tr>
<td>14:30 – 15:10</td>
<td>EMG guided botulinum toxin injection</td>
<td>Dr. Janice Massey</td>
</tr>
<tr>
<td>15:15 – 16:10</td>
<td>Workshop: EMG guided Botulinum toxin injection</td>
<td>Dr. Janice Massey Dr. Sanjeev Nandedkar</td>
</tr>
<tr>
<td>16:15 – 17:00</td>
<td>Valedictory function</td>
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</table>
Super EMG India 2018
International EMG/SFEMG/QEMG Workshop and Neuromuscular Symposium
23 – 25 March, 2018 (Friday – Sunday)
Venue: Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum, India

Registration Form

Name :
Designation and Speciality :
Name of Institution :

Address :

City : Pincode :
State : Country :
Mobile : Email id :

Accompanying persons :
1. 
2. 
3. 

Mode of Payment
Pay by Cash/DD/ At par multi-city cheque/ NEFT transfer
DD/ Cheque/ Transaction Number :
Date :
# Super EMG India 2018

## Registration Details

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<tr>
<td>Neurologists / PM&amp;R / Physiology Consultants / Faculty</td>
<td>5000</td>
<td>6500</td>
<td>8000</td>
<td>10000</td>
<td>12000</td>
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<tr>
<td>Trainees (Residents/Fellows)*</td>
<td>3500</td>
<td>5000</td>
<td>5500</td>
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<tr>
<td>Neuro-Technologists in Practice</td>
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<tr>
<td>Neuro-Technology Trainees*</td>
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<table>
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<th>Foreign Delegates</th>
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<tbody>
<tr>
<td>SAARC Countries</td>
<td>US$ 150</td>
</tr>
<tr>
<td>Other International Delegates</td>
<td>US$ 250</td>
</tr>
</tbody>
</table>

*Residents, fellows and trainees may upload a certificate from Head of the Department / Section confirming their in-training status at the time of registration.

**Online Registration available at:** www.superemgindia.com

**Details of Savings Bank Account**

- **Account Name**: Neuromuscular Symposium Trivandrum
- **Account No**: 37100918194
- **IFS Code**: SBIN0070029
- **State Bank of India, Medical College Branch, Trivandrum – 695 011, India**
- **Email ID of Bank**: mctrivandrum@sbi.co.in

**You can also snail mail**

the completed Registration Form with payment cheque or DD/NEFT Payment details/transaction reference number to the

**Congress Secretariat - Super EMG India 2018**

**Dr. Abraham Kuruvilla**
Department of Neurology
SCTIMST, Trivandrum – 695 011
Cell: +91-94471-01615, Email: akuruvilla@doctor4u.com

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Email ID: superemgindia@gmail.com
Mr. Tamilalagan S.
Cell: +91 88936 26404
Ms. Sreema M.S.
Cell: +91 9207 93073

**For Travel, Hotel accommodations, Transfers and Tour Packages – Contact Congress’s Official Travel & Tour Operators:** Riya Travels & Tours
Mr. Sunil. Kumar, Email: sunil.k@riya.travel
Tel: +91-4562-616080  Cell: +91-98471-45405, +91- 99944-49112
SUBMISSION OF ABSTRACT / FREE PAPER

(All accepted abstracts will be presented as e-posters only)

Abstract Guidelines

Registration for Congress is mandatory for submission

- The Abstract must be submitted and presented in English only.
- The Abstract must not be more than 250 words and needs to be submitted in Arial font size 12. Abstracts can be submitted as a MS word Document (doc) format.
- An abstract should not contain data already published as original manuscript at the time of abstract submission or previously presented at a National or International meeting.
- Deadline for submission: 01 March 2018
- Notification regarding acceptance of the Abstract will be sent by 10 March 2018.
- In the unforeseen event of withdrawal of presentation, it should be intimated to the Congress Secretariat e-mail on or before 15 March 2018.

For More Details Contact

Congress Secretariat-Super EMG India 2018

Dr. Abraham Kuruvilla
Professor of Neurology
SCTIMST, Trivandrum-695 011, India
Cell: +91 94471 01615
Email: superemgindia@gmail.com
Kerala Packages

TRIVANDRUM - KOVALAM (DAY TRIP)
- Sree Padmanabhaswamy Temple is a Hindu temple dedicated to Lord Vishnu located in Thiruvananthapuram, India.
- The Shanghumugam beach is on the western side of Thiruvananthapuram city and very near to Trivandrum International Airport.
- Kovalam is a beach town by the Arabian Sea in Thiruvananthapuram city, Kerala, India, located around 16 Km from the city.
- Museum The Napier Museum is an art and natural history museum situated in Trivandrum.

<table>
<thead>
<tr>
<th>02 pax Indica</th>
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<tbody>
<tr>
<td>INR 4500/-</td>
<td>INR 6000/-</td>
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</table>

TRIVANDRUM - KANYAKUMARI (DAY TRIP)
- Pick from Trivandrum & proceed to kanyakumari covering the places of Kanyakumari Devi Temple, Padmanabhapuram Palace, Thirparappu Falls, Vivekananda rock, Thanumalayan temple, Thiruvalluvar Statue in evening saw the sunset in kanyakumari back to Trivandrum.
- Vivekananda Rock Memorial is a monument and it is a popular tourist attraction in Vavathurai, Kanyakumari, India. The memorial stands on one of two rocks located about 500 metres east off mainland of vavathurai, India’s southernmost tip.
- Padmanabhapuram Palace is located in at Padmanabhapuram Fort, close to the town of Thuckalay in Kanyakumari District, Tamilnadu in India. It is about 20 Km from Nagercoil and about 50 Km from Thiruvananthapuram.
- The Thiruvalluvar statue is a 133 feet tall stone sculpture of the tamil poet and the saint Thiruvalluvar, author of the Thirukkural.
- The Thanumalayan Temple is also called Stanumalayan Temple in Tamil.

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<tr>
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<tr>
<td>INR 5185/-</td>
<td>INR 7500/-</td>
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</table>
Kerala Packages

ALLEPPEY

In Kerala, the total expense of the backwater stretches over 1500Kms, with a network of 44 rivers, lagoons and lakes from north to south. Alleppey which forms the main part of this network has the peculiar geographical feature of having the water in level with the land. This gives the advantages of getting a closer look at the village life of shore while on a backwater ride.

TRIVANDRUM-ALLEPPEY

OPTION 01 : DAY CRUISE
DAY CRUISE CHECK IN TIME : 1100AM CHECK OUT TIME : 05.00 PM
- Lunch with non-veg, evening tea with snacks.
- Transportation from Trivandrum-Alleppey-Trivandrum

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<thead>
<tr>
<th>02 pax Indica</th>
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<tbody>
<tr>
<td>INR 16000/-</td>
<td>INR 21635/-</td>
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</table>

OPTION 02 : NIGHT CRUISE
NIGHT CRUISE CHECK IN TIME : 12.30 HRS CHECK OUT TIME : 09.00 AM (NEXT DAY)
- Lunch with non-veg, evening tea with snacks, dinner & breakfast.
- Transportation from Trivandrum-Alleppey-Trivandrum.

<table>
<thead>
<tr>
<th>02 pax Indica</th>
<th>08 pax Innova</th>
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<tr>
<td>INR 19650/-</td>
<td>INR 39500/-</td>
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MUNNAR

- Munnar is a town in the southwestern state of Kerala, India. Munnar is situated around 1600m above sea level, in the Western Ghats range of mountains and the hill station.
- Munnar town is situated on the Kannan Devan Hills village in Devikulam taluk and is the largest panchayat in the Idukki district.

OPTION 01 :
TRIVANDRUM-MUNNAR-TRIVANDRUM (02 NIGHTS STAY)
- 02 night accommodation in 3 star hotel with breakfast, dinner

<table>
<thead>
<tr>
<th>02 pax Indica</th>
<th>08 pax Innova</th>
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<tr>
<td>INR 20500/-</td>
<td>INR 22700/-</td>
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</table>

OPTION 02 :
TRIVANDRUM-MUNNAR-COCHIN
- 02 night accommodation in 3 star hotel with breakfast, dinner
- 01 night accommodation in 3 star hotel with breakfast.
- Pick from Trivandrum & drop at Cochin airport or Railway station.

<table>
<thead>
<tr>
<th>02 pax Indica</th>
<th>08 pax Innova</th>
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<tr>
<td>INR 33000/-</td>
<td>INR 35000/-</td>
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</table>
THEKKADY - 02 NIGHTS & 03 DAYS ITINERARY

DAY 01: COCHIN / TRV- THEKKADY
- Morning pickup from Cochin airport/Conference venue and transfer to Thekkady (around 5 hrs drive).
- Thekkady, one of India’s major wildlife sanctuaries, sprawled over an area of 777 sq. kms is rich in varied flora and fauna. It is one of the finest wildlife reserves in India and spread across the entire district are picturesque plantations of tea, cardamom, pepper, cloves and cinnamon in the High Ranges and hill towns that hold great opportunities for treks and mountain walks.
- On arrival, check into your hotel and relax. In the afternoon, proceed for a spice plantation tour.
- Overnight at Thekkady.

DAY 02: THEKKADY
- Morning: visit Periyar Wildlife Sanctuary. Enjoy boating to see the wildlife in close range. Elephants, wild bear, bison are the main attraction here. Optional activities - Jungle trekking, Jungle Jeep Safari, Bamboo Rafting etc.
- Overnight at Thekkady.

DAY 03: THEKKADY - COCHIN / TRV
- Morning: after breakfast, check out and transfer to Cochin airport/Conference venue.

END OF THE TOUR

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<tr>
<th>02 pax Indica</th>
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<tr>
<td>INR 13755/- Per Pax</td>
<td>INR 15000/- Per Pax</td>
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Tour price includes:-
- Entire ground transportation by AC car as per the itinerary
- 02 nights’ accommodation at Wild Corridor Resort (Deluxe room)
- Daily breakfast
- Sightseeing as per the itinerary
- All applicable taxes and handling charges

Tour price excludes:-
- All hotel extras
- All expenses of personal nature
- Boating tickets in Periyar
- All expenses other than those mentioned in inclusions list
- Any airfare/train fare

Note: Rooms not blocked and are subject to availability
Kerala Packages

THEKKADY - 02 NIGHTS & 03 DAYS ITINERARY
DAY 01 : COchin / TRI-V THEKKADY
- Morning pickup from Cochin airport/Conference venue and transfer to Thekkady (around 5 hrs drive).
- Thekkady, one of India’s major wildlife sanctuaries, sprawled over an area of 777 sq. kms is rich in varied flora and fauna. It is one of the finest wildlife reserves in India and spread across the entire district are picturesque plantations of tea, cardamom, pepper, cloves and cinnamon in the High Ranges and hill towns that hold great opportunities for treks and mountain walks.
- On arrival, check into your hotel and relax. Afternoon, proceed for a spice plantation tour.
- Overnight at Thekkady.

DAY 02 : THEKKADY
- Morning: visit Periyar Wildlife Sanctuary. Enjoy boating to see the wildlife in close range. Elephants, wild bear, bison are the main attraction here. Optional activities – Jungle trekking, Jungle Jeep Safari, Bamboo Rafting etc.
- Overnight at Thekkady.

DAY 03: THEKKADY - ALLEPPEY HOUSE BOAT
- Morning: after breakfast, Checkout from the Hotel. Visit House Boat
- Overnight at Alleppey

DAY 04: ALLEPPEY- COchin / TRIV
- Morning: after breakfast, check out and transfer to Cochin airport/Conference venue.

END OF THE TOUR

<table>
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</table>

Tour price includes:
- Entire ground transportation by AC Sedan car as per the itinerary
- 02 nights’ accommodation at Wild Corridor Resort (Deluxe room)
- 1Night House Boat Stay
- Daily breakfast
- Sightseeing as per the itinerary
- All applicable taxes and handling charges.

Tour price excludes:
- All hotel extras
- All expenses of personal nature
- Boating tickets in Periyar
- All expenses other than those mentioned in inclusions list
- Any airfare/train fare

Note: Rooms not blocked and are subject to availability.