

## **COMMUNITY SERVICES BY THE DEPARTMENT OF NURSING SERVICES, SCTIMST**

A Health Campaign was conducted at Aranmula in Pathanamthitta District under the leadership of Nursing Officer in connection with Flood relief activities by Nursing Services division on Sept 18<sup>th</sup> 2018.

Eight Nursing staff participated in the programme and about 100 members from 36 families had attended the Campaign.

Activities of the Campaign were:

- Health talks on Nutrition, Alcoholism, Cigarette Smoking, Health Hygiene and Communicable disease.
- Group Discussion: Identifying and living with the problems of Old age.
- Kitchen Appliances (Gas stove, Mixer grinder, Pressure cooker, Nonstick cooking ware, Induction cooker and Mop Unit) distributed for 36 Families.
- Donated Table top Grinder and Rs.3000/- for Sabari Balashramam Aranmula
- Health status assessment (Blood Pressure Checking, Sugar Monitoring and wound dressing) by nurses and directed them to PHC for detailed checkup.
- Visited flood affected houses.





