

**WORLD
HEART DAY
SEP 29**

*'Use heart
for every
Heart'*

**Organised by:
Nursing Service Division
Dept. of Cardiology**



**Sreechitra Thirunal Institute For
Medical Sciences And Technology**
Thiruvananthapuram

Cardiovascular disease (CVD) is the leading cause of death globally. Early atherosclerotic changes can begin to occur early in life and through adolescence. The prevalence of modifiable CVD risk factors, namely, smoking, poor diet quality, excessive alcohol intake, physical inactivity and overweight and obesity can exacerbate the early onset of atherosclerosis. There is a need to improve modifiable risk factors during adolescence to prevent progression to CVD in later life.

30-09-2022

8am to 12 pm

School Health Programme

**'Cardio Vascular Disease Prevention-
Begins from Adolescence'**

- Health Education Poster Exhibition
- Health Talk
- CPR Demonstration

**Venue :
Govt. Higher Secondary School
Medical College**

World heart day 2022

Training programme for Nursing Officers on Basics of ECG and its Interpretation

Date : 01/10/2022.

Venue : Auditorium II

7:00am -7:45 am

Basics of ECG

: Tessymol Antony

Nursing Officer, HFICU

7:45am- 8:30am

The normal 12 lead ECG

: Rajitha RV

Nursing Officer. CCU

8:30am-9:15am

Bradycardia

: Dr. Narayanan Namboodiri

Dept of Cardiology

9:15am – 10:00am

Tachycardia

: Dr. Krishna Kumar M

Dept of Cardiology

10:00am

: Tea break

10:15am- 11:00am

ECG analysis in ACS

: Dr. Harsh Pandey

Dept. of cardiology

11:00am- 11:45 am

Pacemaker ECG interpretation

:Dr. Krishna Kumar M

Dept of Cardiology

11.45am – 12:30pm

Common mistakes in ECG interpretation : Dr. Narayanan Namboodiri

Dept of Cardiology

12:30pm -1:30pm

:Quiz

Dr. Narayanan Namboodiri &

Dr. Jyothy Vijay M S