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ROLL NUMBER

**WRITTEN TEST FOR THE POST OF PSYCHOLOGIST - A**

DATE: 18/10/2023

TIME: 11 To 12.30 pm

DURATION: 90 MINUTES

Total Marks: 100

**INSTRUCTIONS TO THE CANDIDATES**

1. Write your Roll Number on the top of the Question Booklet and in the OMR sheet.
2. Each question carries **one (1) mark**.
3. There will be no Negative Marking.
4. Each question carries 4 options i.e., **A, B, C & D**. Darken completely, the bubble corresponding to the most appropriate answer using **blue or black ball point pen**.
5. Marking more than one option will invalidate the answer.
6. Candidate should sign in the **question paper** and **OMR** sheet.
7. No clarifications will be given.
8. Candidate should hand over the **OMR** sheet and **question paper** to the invigilator before leaving the examination hall.

Signature of the Candidate

*Leepa Sreedhar*  
18/10/2023

**MCQ Psychologist A - 18/10/2023**

1. In the event that an individual has an expertise of getting the intentions, sentiments, ways of behaving of others, he or she said to have
  - a. Linguistic Intelligence
  - b. Intrapersonal intelligence
  - c. Interpersonal Intelligence
  - d. Social Intelligence
  
2. Which factor influences aptitude formation?
  - a. Family
  - b. Age
  - c. Caste
  - d. Intelligence
  
3. What is an individual's preference for engaging in one or more specific activities relative to others?
  - a. Intelligence
  - b. Aptitude
  - c. Values
  - d. Interest
  
4. MRI shows damage to the cerebellum. Which of the following functions would be affected?
  - a. Coordination of movement
  - b. Inability to speak
  - c. Memory loss
  - d. Inability to see
  
5. The key language centres in the brain are located in the \_\_\_\_\_.
  - a. frontal lobe
  - b. limbic system
  - c. left hemisphere
  - d. right hemisphere
  
6. The primary emotions include
  - a. Disgust, anger and shame
  - b. Fear, Anger and Joy
  - c. Fear, anger and hatred
  - d. Love, joy and sadness

*Reya Sreedhar*  
18/10/2023

7. A much-feared outcome of Alzheimer's disease is
  - a. general paresis
  - b. senile dementia
  - c. Paranoia
  - d. functional psychosis
  
8. Which lobe is connected with thinking, planning and emotional control?
  - a. Frontal
  - b. Occipital
  - c. Temporal
  - d. Parietal
  
9. Which part of the brain controls balance?
  - a. Medulla
  - b. Thalamus
  - c. Cerebellum
  - d. Hypothalamus
  
10. The \_\_\_\_\_ is to feeling fear as the \_\_\_\_\_ is to feeling pleasure.
  - a. pons/medulla
  - b. amygdala/hypothalamus
  - c. thalamus/hypothalamus
  - d. cerebellum/amygdala
  
11. Which of the following processes is NOT influenced by working memory span?
  - a. Reading ability
  - b. Reading comprehension
  - c. Inhibiting no-longer-relevant information
  - d. Blocking out distracting information
  
12. The Halstead-Reitan Neuropsychological Test is an example of a \_\_\_\_\_ testing approach.
  - a. Fixed battery
  - b. Process
  - c. Developmental
  - d. Lurian

*Rupa Sreedhar*  
18/10/2023

13. The production of ..... is commonly reported to be reduced in Alzheimer's disease.
- Acetyl choline
  - Dopamine
  - Adrenaline
  - GABA
14. Depression is typically associated with \_\_\_ functioning of the \_\_\_ area of the brain.
- Reduced, left frontal
  - Reduced, right frontal
  - Increased, left frontal
  - Increased, right frontal
15. Consciously forcing painful or anxiety-producing thoughts from memory is called
- Proactive inhibition
  - Repression
  - Suppression
  - Continued avoidance
16. The concept of "Intelligence Quotient" was devised by a German psychologist:
- Spencer
  - Stern
  - Thurstone
  - E.G. Boring
17. The term "cognition" includes
- thinking, problem solving, reasoning, and dreaming
  - classical and instrumental conditioning
  - the use of memory systems
  - an active process by which sensory input is selected, organized, and integrated.
18. The Addenbrooke's Cognitive Examination III (ACE-III) does NOT assess which one of the following?
- attention,
  - memory,
  - visuospatial abilities
  - emotion

*Rupa Khandhar*  
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19. Which one of the following is NOT true regarding the Montreal Cognitive Assessment (MoCA) test?

- a. The MoCA test is a simple, in-office tool that can quickly determine if there is any impairment in a person's cognitive function
- b. It has a high sensitivity for mild cognitive impairment.
- c. The test can determine which type of dementia is involved.
- d. It is available in more than 35 languages as well as versions for people with blindness or hearing impairment.

20. Which of the following option is not a characteristic of autism spectrum disorder?

- a. Problem in vision and hearing
- b. Problem in social interaction
- c. Problem in verbal and non-verbal communication
- d. Repetitive behaviour

21. Memory for general principles and skills required to perform a task is called \_\_\_\_\_ memory.

- a. Complex.
- b. Reference.
- c. Working.
- d. Inclusive.

22. In Alzheimer's disease, which of the following is not seen?

- a. Aphasia
- b. Acalculia
- c. Agnosia
- d. Apraxia

23. You would expect dysfunction in the ..... in Parkinson's disease.

- a. Hippocampus
- b. Hypothalamus
- c. Caudate nucleus
- d. Cerebellum

*Rupa Sreedhar*  
18/07/2023

24. A therapy in which a phobic person imagines his or her most-feared situation until fear decreases is called
- Flooding
  - Aversion therapy
  - Pavlovian conditioning
  - Covert sensitization
25. Which one of the following is a theoretical approach which argues that the proper subject matter of psychology is observable behaviour, not internal mental processes?
- Behaviorism
  - Proposition
  - Linguistic relativity hypothesis
  - Artificial Intelligence
26. Who was responsible for putting forward the idea now known as Cartesian dualism: the idea that the mind and the body were separate and independent of one another?
- Descartes
  - Locke
  - Wilhelm Wundt
  - William James
27. Perception, Representation, Memory, and Language are the many facets of which one of the following?
- Physiological psychology
  - Social psychology
  - Developmental psychology
  - Cognitive psychology
28. Who is the father of Experimental Psychology?
- Wilhelm Wundt
  - Sigmund Freud
  - C.G. Jung
  - E.B. Titchene
29. Who is the psychologist who constructed the first intelligence test?
- William James
  - J. B. Watson

*Leena Bredha*  

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*18/10/2023*

- c. William Mc Dougall
- d. Alfred Bine

30. \_\_\_\_\_ approach is popularly rooted in Gestalt psychology.

- a. Wholistic Approach
- b. Stimulus-Response-Behaviouristic Approach
- c. Dynamic and Psychoanalytic Approach
- d. Cognitive Approach

31. Which branch of psychology deals with the study of animal behaviour?

- a. Social Psychology
- b. Comparative Psychology
- c. Abnormal Psychology
- d. Differential Psychology

32. The first woman who was awarded Ph. D in psychology is.....

- a. Anna Freud
- b. Margaret Floy Washburn
- c. Melanie Klein
- d. Karen Horney

33. Who is a pioneer contributor to the Cognitive Psychology?

- a. Jean Piaget
- b. Kohler
- c. Chomsky
- d. Kholberg

*Reipa Sreedhar*  
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34. The ability of a counsellor to reflect on what the clients says and feels using different words is known as

- a. Decoding
- b. Communication
- c. Listening
- d. Paraphrasing

35. Empathy is a part of ..... skills.

- a. Communication
- b. psychological testing
- c. Counselling
- d. Interviewing

36. Unwanted behaviour can be reduced and wanted behaviour can be increased simultaneously through

- a. positive reinforcement
- b. differential reinforcement
- c. negative reinforcement
- d. aversive conditioning

37. The objective of which therapy is to increase an individual's self-awareness and self-acceptance?

- a. Logotherapy
- b. Gestalt therapy
- c. Client-centered therapy
- d. Reinforcement therapy

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38. People have 'freedom and choices' is the core assumption of ..... therapy.

- a. cognitive
- b. gestalt
- c. behaviour
- d. client-centred

39. Rational Emotive Therapy (RET) has been proposed by

- a. Abraham Maslow
- b. Albert Ellis
- c. Aaron Beck
- d. Carl Rogers

40. Systematic desensitization involves \_\_\_\_\_.

- a. Pairing a feared stimulus with a state of deep relaxation by being exposed to feared situations in a gradual hierarchical fashion
- b. Trying to get the patient to stop having irrational thoughts and dysfunctional attitudes
- c. Free association, dream interpretation, transference, and interpreting the client's resistance to discussing painful memories
- d. Rationalisation

41. Catatonia is a type of

- a. Schizophrenia
- b. Phobia
- c. Depression
- d. Obsessive-Compulsive Disorder

*Rupa Bredha*  
1.8/10/2023

42. Which of the following skills is associated with emotional intelligence?
- a. Memorising
  - b. Motor processing
  - c. Envisaging
  - d. Empathising
43. The psychological model that explains abnormal behaviour in the light of learning maladaptive ways is:
- a. Cognitive model
  - b. Psychodynamic model
  - c. Social model
  - d. Behavioural model
44. Legal Psychology is a branch of
- a. Pure Psychology
  - b. Applied Psychology
  - c. Clinical Psychology
  - d. Abnormal Psychology
45. Psychologists who are involved in vocational and other forms of counselling are
- a. Psychoanalyst
  - b. Psychiatrist
  - c. Clinical Psychologists
  - d. Educational Psychologists
46. Freud developed the concepts of id, ego and super ego
- a. To analyse personality structure
  - b. To consider human mind
  - c. To describe morality
  - d. To describe sociability
- 47..... theory is that “much of man’s behaviour is determined by innate instincts that are largely unconscious”.
- a. Skinner’s
  - b. Watson’s
  - c. Freud’s

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b. Adler's

48. The Indian Psychoanalytic Society was founded by

- a. Girindra Shekhar Bose
- b. Brajendranath Seal
- c. N.N. Sengupta
- d. Sigmund Freud

49. "Introspection" was the main method used by .....

- a. Functionalism
- b. Behaviourism
- c. Gestalt Psychology
- d. Structuralism

50. The first psychology department in India was established at Calcutta University in the year

- a. 1910
- b. 1916
- c. 1909
- d. 1920

51. All the following are true about Anorexia Nervosa EXCEPT

- a. Binge eating is common
- b. Unknown in male
- c. Amenorrhea starts before severe loss of weight
- d. Self-induced vomiting

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52. Evolutionary psychology suggests that our behaviour is influenced by

- a. Inherited tendencies
- b. Unconscious motives
- c. Learning
- d. Society

53. Pathognomonic of manic episode is

- a. Elevated mood
- b. Grandiosity
- c. Decreased appetite
- d. Increased sleep

54. What is Trichotillomania?

- a. Irresistible desire to set fire
- b. Irresistible desire to steal things
- c. Compulsive hair pulling
- d. Pathological gambling

55. Obsessive-Compulsive Disorder is associated with which personality?

- a. Anakastic
- b. Borderline
- c. Narcissistic
- d. Histrionic

56. Delusions are features of all **EXCEPT**

- a. Delirium
- b. Schizophrenic

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c. Obsessive-Compulsive Disorder

d. Alcohol withdrawal

57. Visual hallucinations may be seen in all **EXCEPT**

a. Delirium

b. Depression

c. Schizophrenia

d. Alcohol withdrawal

58. Neurotransmitter in mania

a. Increased Dopamine

b. Decreased Dopamine

c. Increased Norepinephrine

d. Decreased norepinephrine

59. In Schizophrenia, there is

a. Increased GABA

b. Decreased Norepinephrine

c. Increased dopaminergic activity

d. Decreased dopaminergic activity

60. Who was the first man to define Psychology?

a. William James

b. William Wundt

c. William Mc Doughall

d. Sullivan

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61. Dr. J.B. Rhine is best known Psychologist in .....
- a. Psychophysical research
  - b. Psychoanalytical research
  - c. Social Psychological research
  - d. Parapsychological research
62. An advantage to group therapy is that groups \_\_\_\_\_.
- a. Are a source of social support.
  - b. Allow countertransference to occur.
  - c. Provide unconditional approval to the group members.
  - d. Allow an extremely shy person to feel more comfortable speaking up
63. \_\_\_\_\_ memory refers to how many items you are able to understand and remember at one time.
- a. Episodic
  - b. Procedural
  - c. Semantic
  - d. Short-term
64. Therapies directed at changing the disordered behaviour are referred to as \_\_\_\_\_.
- a. Action therapies
  - b. Insight therapies
  - c. Biomedical therapies
  - d. Relationship therapies
65. A goal of family therapy is to \_\_\_\_\_.
- a. Change the needs of individual family members

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- b. Improve family communication and interaction
  - c. Identify and treat the person in the family who is the source of the majority of the family's problems
  - d. Teach family members to remain neutral on sensitive issues
66. Person-centered therapy is a type of \_\_\_\_\_ therapy.
- a. Insight
  - b. Behavior
  - c. Cognitive
  - d. Reality.
67. Family counselling is a form of \_\_\_\_\_ therapy.
- a. Organic
  - b. Group
  - c. Self-help
  - d. Informal
68. The primary goal of \_\_\_\_\_ is to find meaning in life and accept inevitable losses.
- a. Existential therapy
  - b. Anxiety
  - c. Transference
  - d. Depression
69. \_\_\_\_\_ rests on the idea that thoughts that precede the behaviours need to change first.
- a. Regression toward the mean
  - b. Interpersonal therapy
  - c. Cognitive behaviour therapy

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d. Choice theory

70. The absence of joy and interest in activities that were previously enjoyable is called \_\_\_\_.

- a. Autism
- b. Anhedonia
- c. Helplessness
- d. Irritability

71. Depression is typically associated with \_\_ functioning of the \_\_ area of the brain.

- a. Reduced, left frontal
- b. Reduced, right frontal
- c. Increased, left frontal
- d. Increased, right frontal

72. Which cognitive function generally shows the most decline in normal aging?

- a. Processing speed
- b. Vocabulary
- c. Reading ability
- d. Memory

73. Apraxia is \_\_\_\_.

- a. The inability to carry out purposeful movements despite adequate motor skills
- b. A language disorder
- c. A disorder of vision
- d. A memory disorder

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74. Which part of the brain is responsible for controlling eating, sleeping, drinking and body temperature, and provide a link between brain and endocrine glands?

- a. Parietal lobes
- b. Hippocampus
- c. Hypothalamus
- d. Frontal lobe

75. Inability to recognize form/shape or function of objects is known as

- a. Dyskinesia
- b. Multiple sclerosis
- c. Huntington disorder
- d. Agnosia

76. The ratio which states the relationship between mental age and the chronological age is called the

- a. Developmental quotient (DQ)
- b. Intelligence quotient (IQ)
- c. Performance quotient (PQ)
- d. Ability quotient (AQ)

77. An IQ below ..... is generally considered intellectually disabled.

- a. 100
- b. 70
- c. 120
- d. 110

78. Which one of the following is **NOT** true regarding the Wechsler Adult Intelligence Scale?

- a. The Wechsler Adult Intelligence Scale (WAIS) is an IQ test designed to measure intelligence and cognitive ability in adults and older adolescents.
- b. The WAIS-IV measure is acceptable for use with people who are 16–90 years of age.
- c. For people younger than 16, the Wechsler Preschool and Primary Scale of Intelligence (WPPSI, 2½–7 years, 7 months) and the Wechsler Intelligence Scale for Children (WISC, 6–16 years) are used.

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d. With the WAIS-IV, the verbal/performance IQ scores from previous versions were retained.

79. Emotional competence refers to

- a. Self-monitoring of emotions
- b. Self-competence to handle behaviour
- c. Discrimination of behaviour
- d. Persistence in behaviour

80. \_\_\_\_\_ is the case where the client reveres, or experiences passionate feelings for the advisor, and looks for the specialist's endorsement.

- a. Transference psychosis
- b. Transference neurosis
- c. Positive transference
- d. Negative transference

81. Sheela has some irrational thoughts in her mind i.e "I should be loved by everyone". This can be treated by

- a. Rational emotive therapy
- b. Behaviour therapy
- c. Logotherapy
- d. Inventory therapy

82. Rahul is habitual of screaming. His parents decided to take the food away whenever he screams. This is ...

- a. Rational therapy
- b. Negative reinforcement
- c. Token economy
- d. Positive reinforcement

83. Bodily symptoms without any physical disease known as \_\_

- a. Depressive disorder
- b. Hallucination
- c. Dissociative disorder
- d. Somatoform disorder

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84. John is having sudden and temporary fluctuation of consciousness that blots out painful experience. He is showing signs of

- a. Panic disorder
- b. Mood disorder
- c. Conversion disorder
- d. Depressive disorder

85. Sita always helps others whenever she finds it fair to do so, this the norm of \_\_\_\_

- a. Social responsibility
- b. Expected reactions
- c. Reciprocity
- d. Equity

86. Rema's behaviour always improves in the presence of others. This is known as:

- a. Synergism
- b. Imitation
- c. Social facilitation
- d. Interaction

87. Prejudice is a kind of

- a. Motivation
- b. Emotion
- c. Attitude
- d. Instinct

88. Raja is head of his company. He is highly motivated and hardworking. However, he is unable to relax and is always in a hurry. This is an example of which type of personality?

- a. Type C
- b. Type A
- c. Type B
- d. Type D

89. In psychology, ..... refers to the observable expression of emotion, often manifested through facial expressions, voice, and gestures.

- a. Affect

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- b. Attitude
  - c. Valence
  - d. Mood
90. Proneness to depression is characteristic of which type of personality?
- a. Type B
  - b. Type A
  - c. Type C
  - d. Type D
91. Decreased thought and speech productivity is called
- a. Alogia
  - b. Anhedonia
  - c. Avolition
  - d. Affective flattening
92. Which theory was developed by Carl Jung?
- a. Individual Psychology
  - b. Social Psychology
  - c. Psychoanalytic Psychology
  - d. Analytical psychology
93. Sooraj always overthinks that his feelings, thoughts and actions are controlled by others. This is called delusion of .....
- a. Grandeur
  - b. Reference
  - c. Control
  - d. Persecution
94. Swathi always fears whenever she has to enter in some new or unfamiliar situation. Identify the category of phobic disorder

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- a. Social phobia
- b. Claustrophobia
- c. Acrophobia
- d. Agoraphobia

95. Hoarding disorder comes under \_\_\_\_

- a. Attention Deficit Hyperactive Disorder (ADHD)
- b. Acrophobia
- c. Obsessive compulsive disorder (OCD)
- d. Oppositional Defiant Disorder (ODD)

96. The Beck Depression Inventory (BDI) is

- a. a self-report questionnaire used to measure the severity of depression.
- b. a self-report questionnaire used to measure the severity of aggression.
- c. a self-report questionnaire used to measure the severity of anxiety
- d. a self-report questionnaire used to measure the severity of fear

97. The mini-mental state examination (MMSE) or Folstein test is

- a. a questionnaire that is used in clinical and research settings to measure cognitive impairment.
- b. a questionnaire that is used in clinical and research settings to measure level of consciousness.
- c. a questionnaire that is used in clinical and research settings to measure level of anxiety.
- d. a questionnaire that is used in clinical and research settings to measure level of practical intelligence.

98. Which one of the following is **NOT** true regarding Trail Making Test?

- a. A trail making test is a neuropsychological test of visual attention and task switching.
- b. The test is conducted in two parts using only a pen and a piece of paper.

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- c. The trail making test is commonly used as a tool to identify and diagnose many types of brain impairment, particularly those involving the occipital lobes.
- d. The test is sensitive to detect several cognitive impairments such as Alzheimer's disease and dementia.

99. Sita is a determined young lady, who shows responsibility, diligence and tolerance. All her way of behaving is objective coordinated. Such characteristics focus on \_\_\_\_\_ facet of integral intelligence.

- a. Social competence
- b. Entrepreneurial competence
- c. Cognitive capacity
- d. Emotional competence

100. Which one of the following is **NOT** true regarding The Wisconsin Card Sorting Test?

- a. The Wisconsin Card Sorting Test (WCST) is a neuropsychological test of set-shifting, which is the capability to show flexibility when exposed to changes in reinforcement.
- b. Stimulus cards are shown to the participant and the participant is then instructed to match the cards.
- c. Participants are given instructions on how to match the cards
- d. The WCST has been shown to be reliable and valid in multiple populations including people with autism, people recovering from a stroke, and psychiatric populations.

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**ANSWER KEY FOR PSYCHOLOGIST- A 18/10/2023**

Q.NO	Ans	Q.NO	Ans	Q.NO	Ans	Q.NO	Ans	Q.NO	Ans
1	d	2	d	3	d	4	a	5	c
6	b	7	b	8	a	9	c	10	b
11	a	12	a	13	a	14	a	15	c
16	b	17	a	18	d	19	c	20	a
21	b	22	c	23	c	24	a	25	a
26	a	27	d	28	a	29	d	30	d
31	b	32	b	33	a	34	d	35	c
36	b	37	b	38	d	39	b	40	a
41	a	42	d	43	d	44	b	45	d
46	a	47	c	48	a	49	d	50	b
51	b	52	a	53	b	54	c	55	a
56	c	57	b	58	c	59	c	60	c
61	d	62	a	63	d	64	a	65	b
66	a	67	b	68	a	69	c	70	b
71	a	72	a	73	a	74	c	75	d
76	b	77	b	78	d	79	a	80	c
81	a	82	b	83	d	84	c	85	d
86	c	87	c	88	b	89	a	90	d
91	a	92	d	93	c	94	d	95	c
96	a	97	a	98	c	99	b	100	c

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